INTERNATIONAL ONE-DESIGN CLASS
2013 NORTH AMERICAN INVITATIONAL REGATTA

October 11-13, 2013

SAILING INSTRUCTIONS

Organizing Authority(OA): The San Francisco International One-Design Fleet Association (SFIOD) in conjunction with The Sausalito Yacht Club (SYC), Sausalito, California

1 RULES

1.1 This regatta will be governed by the “rules” as defined in the Racing Rules of Sailing (RRS).

1.2 RRS 40 is deleted and replaced with “Competitors shall wear life jackets or other adequate personal buoyancy while racing.” Note that Code Flag Y will not be displayed. Competitors shall provide their own PFDs.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located outside on The SYC deck.

3 CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

3.2 Oral changes to the Sailing Instructions may be given on the water provided they are communicated to each team. RRS 90.2(c)

4 BOATS

4.1 Boats will be provided for all competitors by the San Francisco International One-Design Fleet Association. Boats will be prepared and maintained by the Fleet Technical Committee

4.2 Competitors shall not modify the boats or cause them to be modified in any way except that:

(a) A compass may be tied or taped to the hull or spars.
(b) Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat, except that no hole shall be made in any sail for any purpose.
(c) Above the painted waterline only, hulls, sails, and equipment may be cleaned only with non-abrasive materials.
(d) The hulls may not be scrubbed, washed, wet-sanded, or otherwise treated below the waterline.
(e) Competitors may not add additional purchase to any of the boat’s running rigging.
(f) Tools, spare winch handles, light weather spinnaker sheets, spare hiking sticks, fenders, docking lines, or towing lines may be supplied.

(g) No marks should be made on the boats with pencils, markers, or grease pencils except that they shall be completely washable leaving no trace of their use. Only non-residue tape may be used. Competitors will be responsible for the removal of any markings or tape left on the boats, or any damage to the finishes caused by the application of markings or tape.

4.3 All fittings or equipment designed to be adjusted in accordance with the San SFIOD Regulations may be adjusted within the limits provided, except that upper and lower shrouds, headstay, and mast chocking shall not be adjusted in any way by a competitor. Competitors may not seek redress for errors or omissions of the OA in preparing the boats. This changes RRS 62.1.

4.4 Boats, together with sails (except spinnakers) and running rigging, will be exchanged after each day in accordance with a boat rotation to be determined by lot at the Competitors Meeting. Boat assignments for each day will be posted on the Official Notice Board. Each team will be provided one spinnaker for the entire regatta. This will be the spinnaker provided with the first boat in the rotation. No helmsperson or co-helmsperson shall be permitted to sail in the boat that they regularly sail.

4.5 Each boat will be provided with one mainsail, one jib, and one spinnaker. No other sails shall be used without the written permission of the Organizing Authority. Such permission may be retroactive. All boats will have necessary running rigging, but competitors may elect to use their own spinnaker sheets and launchers. All equipment provided with the boat for sailing purposes shall be carried while afloat.

4.6 Roll-tacking by, or using the shrouds of a boat as a way of supporting a crew-member’s weight outboard of the plane defined by the extension of a boat’s top-sides, is prohibited.

4.7 Jibs shall not be tied to the head-stay when hoisted.

4.8 A spare boat or boats may be swapped in to the rotation in place of any other boat or boats at any time during the regatta at the discretion of the Race Committee and the Organizing Authority.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the main flagpole located on the club deck.

5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in race signal AP.

6 SCHEDULE OF EVENTS

6.1 One (1) practice and seven (7) Invitational races are scheduled of which four (4) races must be completed to constitute a series.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
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<tbody>
<tr>
<td>Thu., Oct. 10</td>
<td>Registration and Housing</td>
<td>3:00 - 6:00 p.m.</td>
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<tr>
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<td>Welcome Reception</td>
<td>6:00 - 8:00 p.m.</td>
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<tr>
<td>Fri., Oct. 11</td>
<td>Competitors’ Meeting</td>
<td>9:00 a.m.</td>
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<td>Practice Race</td>
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<td>Invitational Racing</td>
<td>11:00 a.m.  - First Warning</td>
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<td>(See SI 6.3)</td>
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<tr>
<td>Sat., Oct. 12</td>
<td>Invitational Racing</td>
<td>11:00 a.m. - First Warning</td>
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<td></td>
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<td>(See SI 6.3)</td>
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<tr>
<td>Sun, Oct. 13</td>
<td>Invitational Racing</td>
<td>11:00 a.m. - First Warning</td>
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<tr>
<td></td>
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<td>(See SI 6.3)</td>
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<tr>
<td></td>
<td>Racing Ends</td>
<td>Latest warning signal to be no later than 3:00 p.m.</td>
</tr>
<tr>
<td></td>
<td>Awards Ceremony</td>
<td>5:00 p.m.</td>
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6.3 After the first race each day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race will begin soon, a series of short sound signals and a radio announcement may be made.

6.4 If the finish line committee boat is flying code flag H, there will be no more racing that day.

7 CLASS FLAGS
Class flag will be a white flag with the IC symbol in black.

8 RACING AREA
The intended racing area will be The San Francisco Bay east of Angel Island on or near the Berkeley Circle, approximately 5.0 miles from the SYC, or Alcatraz Shoals, west of Alcatraz Island, approximately 3.5 miles from the SYC. A map is attached showing the approximate racing areas.

9 THE COURSES
9.1 Attachment A shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If one of the leeward gate marks is missing, boats shall round the one existing leeward mark to port.

9.3 There may be an Offset Mark “O” set a short distance from the weather mark. If present, the offset mark is to be passed in sequence as designated in the course descriptions on Attachment A.

9.4 No later than the Warning Signal, the course to be sailed will be designated by placards displayed from the race committee signal boat, along with the approximate compass bearing and distance to the first mark.

9.5 When the Race Committee signal boat displays code flag “V” with or before the warning signal, the use of spinnakers will not be allowed for that race. When code flag “V” is displayed at a mark of the course by a Race Committee boat, with repeated sound signals, spinnakers shall not be flown for the remainder of that race.
10 MARKS
   10.1 All Marks will be orange inflatables. New marks, as provided in SI 12.1 below, will be yellow inflatables.
   10.2 A race committee boat signaling a change of course is a mark as provided in instruction 12.2.

11 THE START
   11.1 Races will be started by using RRS 26. A “heads up” may be given by horn and/or VHF approximately one minute prior to the warning signal.
   11.2 The starting line will be between a staff displaying an orange flag on the RC Signal Boat and the course side of the yellow inflatable pin end starting mark.
   11.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes RRS 35, 63.1, A4.1, and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE
   12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change, a new mark is replaced, it will be replaced by an original mark.
   12.2 Except at a gate, boats shall pass between the race committee boat signaling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

13 THE FINISH
   The finishing line will be between a staff displaying an orange flag on a race committee boat and the course side of an orange ball.

14 TIME LIMITS
   14.1 The time limit for a race shall be 2 hours.
   14.2 Boats failing to finish within 15 minutes after the first boat in the fleet sails the course and finishes will be scored Did Not Finish. This changes RRS 35, 63.1, A4.1 and A5.

15 PENALTIES WHILE RACING
   Appendix T, Section A shall apply.

16 AFTER RACE SCORING PENALTY
   Appendix T, Section B shall apply.

17 PROTESTS AND REQUESTS FOR REDRESS
   17.1 Protest forms will be available at the Regatta Table in the club house. Protests shall be delivered to the race committee representative at the Regatta Table within the protest time limit, which shall be one hour after the committee boat returns to the dock. The return time will be posted on the official notice board.
   17.2 Protests from racing on Friday, October 11 may be heard on Saturday, October 12, in which case a notice will be posted before the end of the protest period indicating such.
   17.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties.
   17.4 Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).
17.5 On the last day of the regatta a request for reopening a hearing shall be delivered
(a) within the protest time limit if the party requesting reopening was informed of the decision on a
previous day;
(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
This changes RRS 66.

18 SCORING
18.1 Four (4) Invitational races are required to be completed to constitute a series.
18.2 If six or more Invitational races are completed, a team’s worst race score shall be discarded before
computing her total score. If five or fewer championship races are completed, all races shall count in the
total score.

19 SAFETY REGULATIONS
19.1 Boats are requested to check in with the race committee by sailing by the committee boat while it is
on station, on starboard tack, prior to the first warning signal. Boats leaving the racing area prior to the
conclusion of racing are requested to notify the race committee.
19.2 A boat that retires from a race shall notify the race committee as soon as possible.

20 RADIO COMMUNICATION
20.1 Boats are required to carry aboard a VHF radio.
20.2 A boat shall neither make radio transmissions while racing nor receive radio communications not
available to all boats. This restriction also applies to mobile telephones.
20.3 The Race Committee may use VHF channel 71 to communicate information about course selection,
time to start, and the sail numbers of boats that are OCS or have violated RRS 30. Neither failure of the race
committee to communicate the sail numbers of recalled boats in a timely manner, nor failure of a recalled
boat to receive or hear transmitted information, will be grounds for redress. This changes RRS 62.1.

21 PRIZES
Prizes will be awarded after the racing to the top three (3) finishing boats.

22 DAMAGES

22.1 Damage Deposits: Competitors shall post a damage deposit of $1000 at the time of registration. After
the conclusion of the regatta, the deposit will be returned, less any deductions for loss or damage incurred
by the competitor during the regatta. Additionally, damage deposits may be “pooled” to cover any
unattributable loss or damage to the boats that occurred as a direct result of the use of the boats in the
regatta. In such event, expenses will be deducted from the pool, and the balance will be returned to the
competitors after the conclusion of the regatta.

22.2 Damages: The responsibility for damages will be determined by the Organizing Authority, acting in
accordance with the US SAILING prescription to RRS 68. The Organizing Authority will use the
following principles in assigning the responsibility for damage to the boats:
(a) The team(s) sailing any boat(s) found by the Jury to have broken a rule as the result of an incident
shall be equally responsible for the collective damages. See RRS 68(c).
(b) The team(s) sailing any boat(s) retiring or withdrawing from a race with an acknowledgment of a
breach of a rule shall be equally responsible for the collective damages. See RRS 68(c).
(c) If neither (a) nor (b) above apply, the Organizing Authority will assign the responsibility for damages
to the team(s) involved, which may be for them to share equally in the collective damages.
22.3 Damages for an incident will be estimated as quickly as possible. Team(s) deemed responsible for the damages will be required to post additional money so that a total of $1000 is available as a damage deposit for subsequent incidents.

22.4 If a boat is damaged such that it cannot race in subsequent races during the regatta, the responsible team will be ineligible to race until the boat is returned to service. In such event, the team who would have next held the damaged boat in the rotation will instead sail the boat that the responsible team was to have next held in the rotation.

23 BREAKDOWNS

23.1 Boats suffering breakdown must finish the race if at all possible, provided that further damage to the boat will not be incurred.

23.2 If a breakdown occurs, a yellow breakdown flag must be displayed from the backstay or a shroud as soon as possible, and the Race Committee notified on VHF 71. Time limits for repairs shall be at the discretion of the Race Committee. Each team will receive a breakdown flag at the Competitors Meeting.

23.3 In the event of a breakdown of a boat through no fault of the team sailing her, the helmsperson may apply for breakdown points by filing for redress. In awarding breakdown points, the Protest Committee shall be guided by the following options:

a. Score such boat as if it were unimpaired.

b. Await completion of the series and award points in accordance with the following formula:

i. The sum of (a) and (b) divided by three, where: (a) equals twice the average of the scores made by the contestant in the other races that the contestant sailed in the series, and (b) equals the average of the scores made by the boat in the other races in the series.

ii. The points used for the scores made by the boat in (b) above, shall be the actual finish positions of that boat, and shall not reflect any subsequent disqualification of any contestant sailing that boat.

c. Order the race re-sailed.

d. Such other action as the Protest Committee determines is the most fair and equitable.

24 CONDITION REPORTS

Teams will be issued Condition Report forms for making boat condition statements. Teams are encouraged to inspect their boats upon boarding and note any pre-existing damage or maintenance discrepancies on the Condition Report. Condition Reports shall be completed at the conclusion of each day, detailing the condition of the boat, any damage (including hull, equipment, rigging or sails) which occurred during the previous day, the party responsible for such damage, the incident in which the damage occurred, as well as any breakdown of gear or loss of equipment, whether materially affecting the boat’s performance or not. The Condition Report shall be submitted to a representative of the Technical Committee within 30 minutes of coming ashore. The penalty for breaking this instruction, unless the jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the most recently sailed race.

25 DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See Rule 4, Decision to Race. The race organizers, The Sausalito Yacht Club, The San Francisco International One Design Association (Organizing Authority), race committee, protest committee, or any other organization or official, shall not be responsible for damage to any boat or other property or the injury to any person sustained as a result of participation in this event. By participating in this event, each competitor (owners, skippers and crews) agrees to release The Sausalito Yacht Club, Organizing Authority, race committee, protest committee,
or any other organization or official from any and all claims, demands liabilities associated with such competitor's participation in this event to the fullest extent permitted by law.

Jeff Zarwell – Principal Race Officer

Chief Judge – Thomas Allard

SYC Regatta Chair – Bob Braid (race@sausalitoymachtclub.org)

SFIOl Regatta Chair – Paul Zupan (paul.zupan@sfiod.org)
ATTACHMENT A

COURSES WILL BE DISPLAYED BY NUMERICAL PLACARDS

Course 1
S - W - o - F

Course 2
S - W - o - G - W - o - F

Course 3
S - W - o - G - W - o - G - F

ALL MARKS SHALL BE TAKEN TO PORT, EXCEPT THE GATE. FOR THE GATE, BOATS SHALL PASS BETWEEN THE GATE MARKS FROM THE DIRECTION OF THE LAST MARK, THEN MAY ROUND IN EITHER DIRECTION.

IN THE EVENT A GATE MARK IS MISSING, THE REMAINING GATE MARK SHALL BE TAKEN TO PORT.

MARK "o" MAY NOT BE SET.

DESCRIPTION OF MARKS:

S  Yellow Conical Mark
W  Orange Conical Mark
o  Orange Ball
G  Orange Conical Mark(s)
F  Orange Ball

Change marks shall be yellow conical marks. Subsequent change marks shall be the original marks.

Course is NOT to scale or proportion
Racing Areas

- Berkeley Circle Racing Area
- Tiburon Racing Area
- Alcatraz Racing Area