INTERNATIONAL ONE-DESIGN CLASS
2008 WORLD CHAMPIONSHIP

September 28 – October 3, 2008

SAILING INSTRUCTIONS

Organizing Authority (OA): The San Francisco International One-Design Fleet Association (SFIOD) and The San Francisco Yacht Club (SFYC), Belvedere, California

1 RULES
1.1 This regatta will be governed by the ‘rules’ as defined in the Racing Rules of Sailing 2005-2008 (RRS), and by the International One-Design Championship Regulations.

1.2 RRS 40.1 is deleted and replaced with “Competitors shall wear life jackets or other adequate personal buoyancy while racing.” Note that Code Flag Y will not be displayed.

1.3 The prescriptions of US Sailing will not apply except, in accordance with the US Sailing prescription to RRS 87, US Sailing prescriptions to 68 and 76.1 do apply, and the prescription to RRS 40.1 is deleted. This changes the Notice of Race.

1.4 RRS 62.1 is changed as per Sailing Instruction 4.3, 18.3, and 21.3.
RRS 35, 63.1, A4.1, and A5 are changed as per Sailing Instructions 11.3 and 14.2.
RRS 28.1 is changed as per Sailing Instruction 12.2.
RRS 66 is changed as per Sailing Instruction 15.4.

2 NOTICES TO COMPETITORS
Notices to competitors will be posted on the Official Notice Board located outside on The SFYC deck.

3 CHANGES TO SAILING INSTRUCTIONS
Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
BOATS

4.1 Boats will be provided for all competitors by the San Francisco International One-Design Fleet Association. Boats will be prepared and maintained by the Fleet Technical Committee.

4.2 Competitors shall not modify the boats or cause them to be modified in any way except that:

(a) A compass may be tied or taped to the hull or spars.
(b) Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat, except that no hole shall be made in any sail for any purpose.
(c) Above the painted waterline only, hulls, sails, and equipment may be cleaned only with non-abrasive materials.
(d) Only non-residue adhesive tape may be used anywhere above the painted waterline except on brightwork. No marks should be made on the boats with pencils or markers, unless they are completely washable, leaving no trace of their use. Competitors will be responsible for the removal of any markings or tape left on the boats, or any damage to the finishes caused by the application of markings or tape.

4.3 All fittings or equipment designed to be adjusted in accordance with the IOD Class Rules may be adjusted within the limits provided, except that upper and lower shrouds, headstay, and mast chocking shall not be adjusted in any way by a competitor. Competitors may not seek redress for errors or omissions of the OA in preparing the boats. This changes RRS 62.1.

4.4 Boats, together with sails (except spinnakers) and running rigging, will be exchanged after each race in accordance with a boat rotation to be determined by lot at the Competitors Meeting. Boat assignments for each race will be posted on the Official Notice Board. Each team will be provided one spinnaker for the entire regatta. This will be the spinnaker provided with the first boat in the rotation. No helmsperson or co-helmsperson shall be permitted to sail in the boat that they regularly sail in the regatta.

4.5 Each boat will be provided with one mainsail, one jib, and one spinnaker. No other sails shall be used without the written permission of the International Jury. Such permission may be retroactive. All boats will have necessary running rigging, but competitors may elect to use their own spinnaker sheets and launchers. Competitors may not add additional purchase to any of the boat’s running rigging. All equipment provided with the boat for sailing purposes shall be carried while afloat.

4.6 Roll-tacking by, or using the shrouds of a boat as a way of supporting a crew-member’s weight outboard of the plane defined by the extension of a boat’s top-sides, is prohibited.

4.7 Jibs shall not be tied to the head-stay when hoisted.

SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the main flagpole located adjacent to the clubhouse.

5.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in race signal AP.

SCHEDULE OF EVENTS

6.1 One practice race and eight (8) championship races are scheduled.
### 6.2 Date | Time | Event
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Sept. 28 | 1500-1800 | Registration and Housing
 | 1800 | Competitors Meeting
 | 1900-2100 | Welcome Reception
Sept. 29 | 1050 | Practice Race – First Warning
See 6.3 below | Championship Racing
Sept. 30 | 1050 | Championship Racing – First Warning
Oct. 1 | Spare Day | No racing if at least four races completed
Oct. 2 | 1050 | Championship Racing – First Warning
Oct. 3 | 1050 | Championship Racing – First Warning
 | 1500 | No Warning after this time
 | 1800 | Awards Ceremony

**6.3** After the first race each day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race will begin soon, a series of short sound signals and a radio announcement may be made.

**6.4** If the finish line committee boat is flying code flag H, there will be no more racing that day.

### 7 CLASS FLAGS
Class flag will be a white flag with the IC symbol in black.

### 8 RACING AREA
The racing area will be The San Francisco Bay east of Angel Island on or near the Berkeley circle, approximately 4.0 miles from the SFYC. A map is attached showing the approximate racing area.

### 9 THE COURSES
**9.1** Attachment A shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

**9.2** When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If one of the leeward gate marks is missing, boats shall round the one existing leeward mark to port.

**9.3** There may be an Offset Mark “O” set 5-8 boat-lengths from the weather mark. If present, the offset mark is to be passed in sequence as designated in the course descriptions on Attachment A.
9.4 No later than the Warning Signal, the course to be sailed will be designated by placards displayed from the race committee signal boat, along with the approximate compass bearing and distance to the first mark.

10 MARKS
10.1 All Marks will be red/orange inflatables. New marks, as provided in SI 12.1 below, will be orange inflatables with a black band.

10.2 A race committee boat signaling a change of course is a mark as provided in instruction 11.2.

11 THE START
11.1 Races will be started by using RRS 26. A “heads up” may be given by horn and/or VHF approximately one minute prior to the warning signal.

11.2 The starting line will be between a staff displaying an orange flag on the RC Signal Boat and the course side of the orange inflatable pin end starting mark.

11.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes RRS 35, 63.1, A4.1, and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE
12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change, a new mark is replaced, it will be replaced by an original mark.

12.2 Except at a gate, boats shall pass between the race committee boat signaling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

13 THE FINISH
The finishing line will be between a staff displaying an orange flag on a race committee boat and the course side of a red/orange inflatable mark.

14 TIME LIMITS
14.1 The time limit for a race shall be 2 ½ hours.

14.2 Boats failing to finish within 30 minutes after the first boat in the fleet sails the course and finishes will be scored Did Not Finish. This changes RRS 35, 63.1, A4.1 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS
15.1 Protest forms will be available at the Regatta Table in the club house. Protests shall be delivered to the race committee representative at the Regatta Table within the protest time limit, which shall be one hour after the committee boat returns to the dock. The return time will be posted on the official notice board.

15.2 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties.
15.3 Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).

15.4 On the last day of the regatta a request for reopening a hearing shall be delivered
(a) within the protest time limit if the party requesting reopening was informed of the decision on a previous day;
(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
This changes RRS 66.

16  SCORING
16.1 Four (4) championship races are required to be completed to constitute a series.

16.2 If six or more championship races are completed, a team’s worst race score shall be discarded before computing her total score. If five or fewer championship races are completed, all races shall count in the total score.

17  SAFETY REGULATIONS
17.1 Check-in and check-out: Boats are requested to check in with the race committee by sailing by the committee boat, on starboard tack, prior to the first warning signal. Boats leaving the racing area prior to the conclusion of racing are requested to notify the race committee.

17.2 A boat that retires from a race shall notify the race committee as soon as possible.

18  RADIO COMMUNICATION
18.1 Boats are required to carry aboard a VHF radio.

18.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

18.3 The Race Committee may use VHF channel 65 to communicate information about course selection, time to start, and the sail numbers of boats that are OCS or have violated RRS 30. Neither failure of the race committee to communicate the sail numbers of recalled boats in a timely manner, nor failure of a recalled boat to receive or hear transmitted information, will be grounds for redress. This changes RRS 62.1.

19  PRIZES
Prizes will be awarded after the racing to the top three (3) finishing boats.

20  DAMAGES

20.1 Damage Deposits: Competitors shall post a damage deposit of $1,000 at the time of registration. After the conclusion of the regatta, the deposit will be returned, less any deductions for loss or damage incurred by the competitor during the regatta. Additionally, damage deposits may be ‘pooled’ to cover
any unattributable loss or damage to the boats that occurred as a direct result of the use of the boats in the regatta. In such event, expenses will be deducted from the pool, and the balance will be returned to the competitors after the conclusion of the regatta.

**20.2 Damages:** The responsibility for damages will be determined by the Organizing Authority, acting in accordance with the US SAILING prescription to RRS 68. The Organizing Authority will use the following principles in assigning the responsibility for damage to the boats:

(a) The team(s) sailing any boat(s) found by the Jury to have broken a rule as the result of an incident shall be equally responsible for the collective damages. See RRS 68(c).

(b) The team(s) sailing any boat(s) retiring or withdrawing from a race in acknowledgment of a breach of a rule shall be equally responsible for the collective damages. See RRS 68(c).

If neither (a) nor (b) above apply, the Organizing Authority will assign the responsibility for damages to the team(s) involved, which may be for them to share equally in the collective damages.

**20.3** Damages for an incident will be estimated as quickly as possible. Team(s) deemed responsible for the damages will be required to post additional money so that a total of $1,000 is available as a damage deposit for subsequent incidents.

**20.4** If a boat is damaged such that it cannot race in subsequent races during the regatta, the responsible team will be ineligible to race until the boat is returned to service. In such event, the team who would have next held the damaged boat in the rotation will instead sail the boat that the responsible team was to have next held in the rotation.

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**21 BREAKDOWNS**

**21.1** Boats suffering breakdown must finish the race if at all possible, provided that further damage to the boat will not be incurred.

**21.2** If a breakdown occurs, a yellow breakdown flag must be displayed from the backstay or a shroud as soon as possible. Each team will receive a breakdown flag at the Competitors Meeting.

**21.3** If a boat is disabled due to failure of equipment through no fault of the contestant, the International Jury may grant redress. This changes rule 62.1.

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**22 CONDITION REPORTS**

Teams will be issued Condition Report forms for making boat condition statements. Teams are encouraged to inspect their boats upon boarding and note any pre-existing damage or maintenance discrepancies on the Condition Report. Condition Reports shall be completed at the conclusion of each race, detailing the condition of the boat, any damage (including hull, equipment, rigging or sails) which occurred during the previous race, the party responsible for such damage, the incident in which the damage occurred, as well as any breakdown of gear or loss of equipment, whether materially affecting the boat’s performance or not. The Condition Report shall be submitted to a representative of the Technical Committee as soon as possible after each race, either to the support boat while changing boats between races, or to the Technical Committee within 30 minutes of coming ashore. The penalty for breaking this instruction, unless the International Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the most recently sailed race.
DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

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ATTACHMENT A

IOD 2008 WORLD CHAMPIONSHIP
September 28-October 3, 2008

COURSES

Courses 1-2-3

Courses 4-5

MARKS
W – Weather Mark
O – Offset Mark
G – Leeward Gate
L - Leeward Mark

COURSES
1 Start – W(p) – O(p) – Finish
2 Start – W(p) – O(p) – G – Finish
3 Start – W(p) - O(p) - G - W(p) - O(p) – Finish
4 Start – W(p) - O(p) - L – Finish
5 Start – W(p) – O(p) – L(p) – W(p) – O(p) –Finish

Interference with Shipping Traffic
Boats shall not impede the passage of ship traffic. Rule 9 of the Inland Rules of the Road applies to all shipping traffic on San Francisco Bay and its tributaries.